



Mediterranean Health State

through 10 key indicators.



Mediterranean
Action Plan
Barcelona
Convention





Regional Cooperation

Sharing of knowledge and strategic recommendations to support Mediterranean countries towards more sustainable and coherent public policies.



Mediterranean Strategy for Sustainable Development & Indicators

Monitoring and revision of the Mediterranean Strategy for Sustainable Development. Monitoring of indicators, evaluation of countries' progress, and aid in guiding public policies.



Plan Bleu and its Observatory

French Law 1901 Association and Regional Activity Centre of UNEP/MAP dedicated to environmental analysis and sustainable development in the Mediterranean, watchtower of the Mediterranean.

The 10 key indicators on the state of the Mediterranean

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of analysis specific to each
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Demography

*Number of inhabitants in the Mediterranean
(sum of annual populations of Mediterranean countries).*



+163 M

+43,8%

Mediterranean inhabitants

1st global tourist destination

200 Million

visitors per year

30%

of the population
lives in rural
areas

70%

of the population
lives in cities

Mediterranean – North

+21.5%

inhabitants

25%

≥ 60 years old

21%

≤ 20 years old

Mediterranean – South

+81.1%

inhabitants

11%

≥ 60 years old

37%

≤ 20 years old

Life Expectancy at Birth

*Average number of years an individual
is expected to live at birth.*



+8,9%

life expectancy
gained on average

In 1990

72 years

In 2023

78 years

Mediterranean – North

+8,8%

life expectancy gained
on average

In 2023

84 years

For women

79 years

For men

Croatia 71 years

Italy 72 years

France 74 years

Bosnia and Herzegovina 74 years

Spain 75 years

Greece 79 years

Mediterranean – South

+8,7%

life expectancy gained
on average

In 2023

77 years

For women

72 years

For men

Syria 69 years

Lebanon 70 years

Egypt 71 years

Algeria 72 years

Tunisia 74 years

Morocco 75 years

Average Years of Schooling

*Average number of years of study received
by people aged 25 and over.*



+ 4 years
of additional schooling

14 years
Mediterranean
Average

Women study
longer than men

+29%

In 2021

21%

In 2021

of graduated
women have
a qualified job

8 years
Global
Average

Mediterranean – North

15 years

Of Average Years of Study

+23%

Of Men

+38%

Of Women

Mediterranean – South

12 years

Of Average Years of Study

+34%

Of Men

+43%

Of Women

Gross Domestic Product per Capita



+ 73%

increase in GDP
in the Mediterranean

+ 43%

increase in
global GDP

+ 60%

of the total
Mediterranean
GDP comes from
European countries

1/3

The average GDP per
capita in the South is
3 times lower than in
European countries

\$ 37,871

GDP/capita in the North

\$ 25,469

Average GDP/capita

\$ 11,522

GDP/capita in the South

Sources: OECD, 2024

Mediterranean – North

+ 42%

GDP/capita in the North

Mediterranean – South

+ 193%

GDP/capita in the South

Territorial Carbon Dioxide Emission per Capita

*Resident CO2 emissions in the country,
divided by the total population.*



-17%

Decrease in local
CO₂ emissions
per capita



5,5%

In 2022, the Mediterranean basin represents only 5.5 % of global CO₂ emissions, but it's experiencing particularly marked warming there.

Mediterranean – North

In 2000

6,36
tonnes / capita



In 2022

5,08
tonnes / capita

-20%

Mediterranean – South

In 2000

2,51
tonnes / capita



In 2022

2,70
tonnes / capita

+8%

Surface Atmospheric Temperature (SAT)

AT is defined as the Atmospheric temperature (in °C) 2 m above the ground surface.



+1.1°C

annual average

+60%

Acceleration of heat waves
since the 1990s.

Mediterranean – North

+2.10°C

in France

+1,8°C

in Greece

+1,7°C

in Croatia

+1.04°C

in Spain

+0.74°C

in Italy

Mediterranean – South

+2,0°C

in Egypt

+1.59°C

in Algeria

+1,3°C

in Lebanon

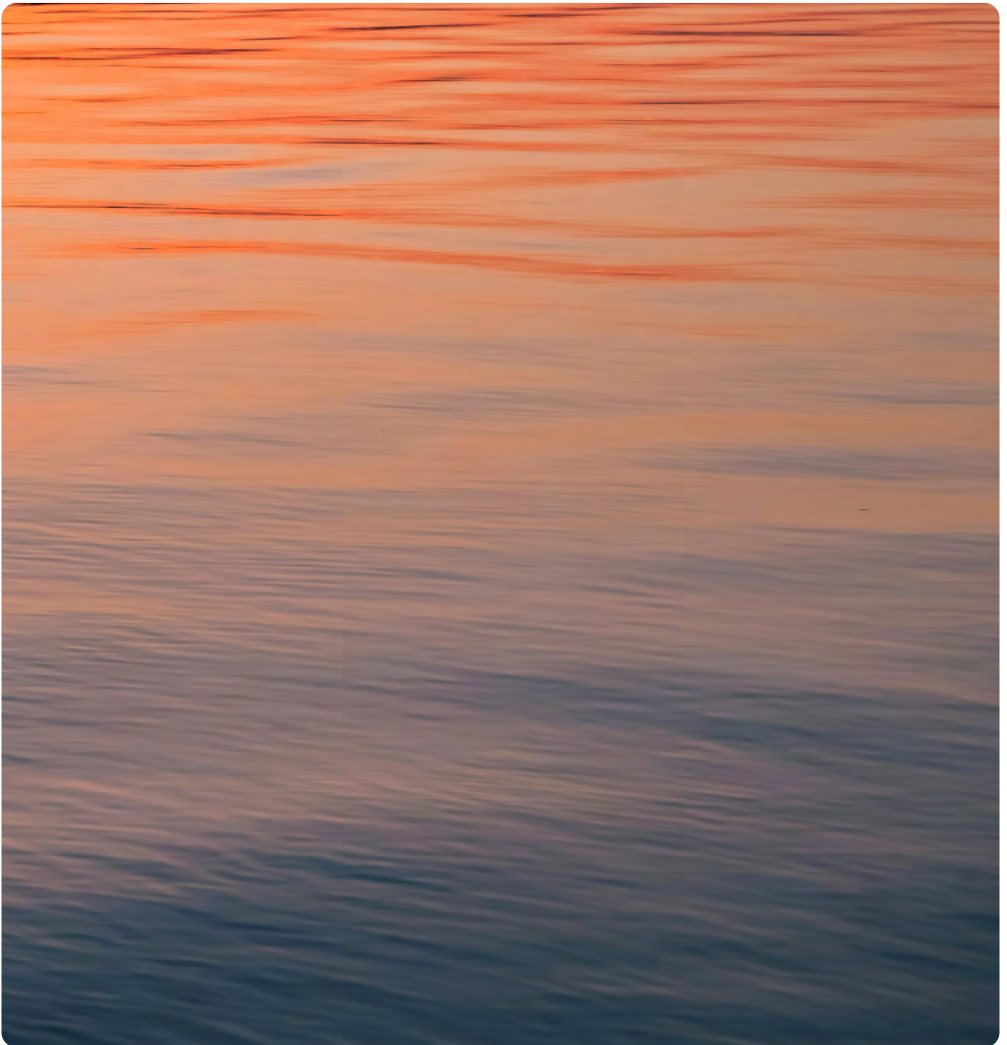
+0.95°C

in Tunisia

+0.50°C

in Morocco

Sea Surface Temperature (SST)



+0.86°C

Average increase in Sea Surface Temperature

Since 1990

25

positive variations

In Summer

The average SST
was higher than
the average annual
temperature

+7.89°C

in 1993

+8.34°C

in 2013

August 15, 2024: Submarine heatwaves

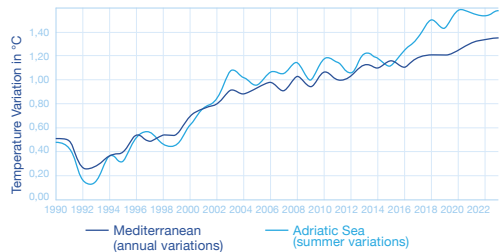
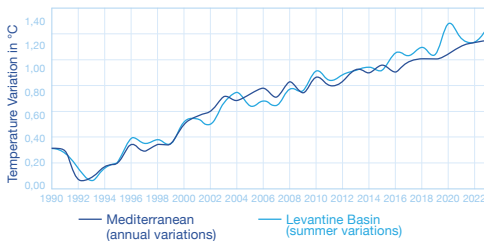
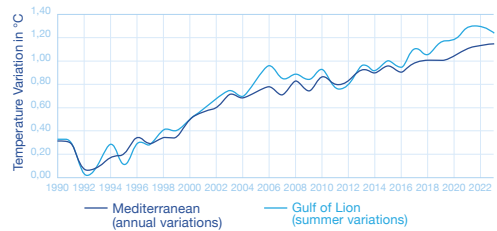
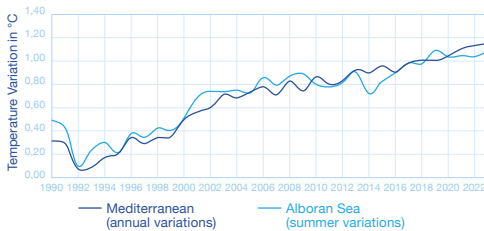
28.4°C

average across
the entire basin

Some regions
remained above
28 °C for more
than one week

31.87°C

in the Balearic
Islands



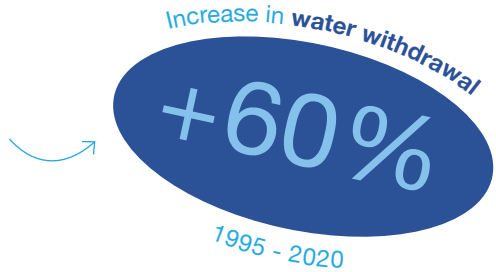
Water Availability per Capita

*Average annual water availability per capita
(m³/capita/year) at the national level*



-13,3%

Water availability
across the entire
Mediterranean basin



Mediterranean – North

-42.7% **+20%**
France

-38% **-20%**
Spain

-36% **+1.7%**
Malta

-21.5% **+26%**
Greece

-20% **-92%**
Croatia

Mediterranean – South

-73.3% **+36%**
Algeria

-67.2% **-0.1%**
Lebanon

-30% **+25%**
Morocco

-23.5% **+50%**
Egypt

-19% **-5%**
Tunisia

Air Quality

*Annual average of atmospheric concentrations
of PM2.5 particles (diameter < 2.5 micrometers).*



19 $\mu\text{g}/\text{m}^3$

average across the entire
Mediterranean basin

In 2022

60,75%

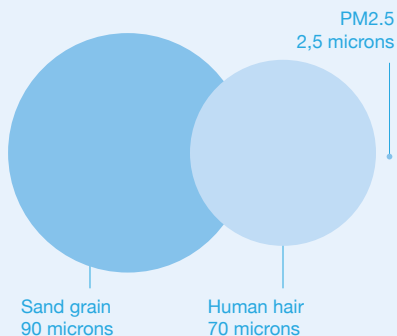
of urban stations recorded an
average of 13.50 $\mu\text{g}/\text{m}^3$ PM2.5

55,91%

of peri-urban stations recorded an
average of 13.19 $\mu\text{g}/\text{m}^3$ PM2.5

59,12%

of rural stations recorded an average
of 7.56 $\mu\text{g}/\text{m}^3$ PM2.5



400 000

premature deaths per year on
average in Europe due to PM2.5

Mediterranean – South

Slight drop
in PM2.5 concentrations

23,7 $\mu\text{g}/\text{m}^3$
in 2000

23,0 $\mu\text{g}/\text{m}^3$
in 2019

In Egypt

60 $\mu\text{g}/\text{m}^3$
in 2019

PM2.5 concentrations
two to three times higher



Mediterranean – North

Sharp drop
in PM2.5 concentrations

20 $\mu\text{g}/\text{m}^3$
in 2000

15 $\mu\text{g}/\text{m}^3$
in 2019

Plastic Stock in Aquatic Environments

*Stocks (integrating various aquatic stocks)
of plastic in millions of tons.*



Worrying increase in plastic discharges into rivers, lakes, and seas despite regulations.

Forecasts

475 Mt
in 2020

Plastic
Production
→

736 Mt
in 2040

81 Mt
in 2020

Volume of
Mismanaged Waste
→

119 Mt
in 2040

20 Mt
in 2020

Leaks into the
Environment
→

30 Mt
in 2040

Mediterranean – North

10 Mt
in 2000

16 Mt
in 2019

Mediterranean – South

3 Mt
in 2000

10 Mt
in 2019

Marine Protected Areas

*Percentage (% of the total area of
Mediterranean waters) of coverage of Marine
Protected Areas from 1990 to 2020*



1 278

MPAs in 2020

1

+987%

Croatia

24 MPAs in 2010
261 MPAs in 2020

2

+428%

Malta

7 MPAs in 2010
37 MPAs in 2020

3

+132%

Italy

148 MPAs in 2010
344 MPAs in 2020

30%

target objective Aichi
11 of the Convention on
Biological Diversity (CBD),
which was reaffirmed in
2022 at COP15 of the CBD.

11%

of the marine area
of the region is an MPA

Less than 0,1%

MPAs enjoy strong protection
equivalent to that of a marine
reserve.

Mediterranean – North

1200 MPAs

179 798 km²

94%

protected sites

Mediterranean – South

78 MPAs

11 602 km²

6%

protected sites

Precautions and limits of analysis:

1 Demography

Migrations (emigration and immigration) as well as 'sending' and 'receiving' countries are not taken into account. The coastal population is not differentiated here. Other variables should be included in the analysis, such as national birth and death rates.

2 Life Expectancy at Birth

Factors such as income and gender inequalities, as well as lifestyle choices influencing life expectancy are not reflected here due to the HDI methodology (itself).

3 Average Years of Schooling

The quality of education and disparities within countries are not reflected due to a specific methodological flaw of the HDI: factors such as income inequality, gender inequality, and lifestyle choices that influence years of schooling are not taken into account.

4 Gross Domestic Product per Capita

GDP does not reflect the distribution of wealth or standards of living per capita.

5 Carbon Dioxide Emission per Capita

Does not take into account consumption-related emissions or total global impact. Only national territorial emissions are considered.

6.1 Surface Atmospheric Temperature (SAT)

All analyses presented come from extracted data which show average annual values without taking into account seasonal and infra-seasonal variabilities.

6.2 Sea Surface Temperature (SST)

The data represents values at the national level, whereas greater variability constantly occurs at smaller spatial scales (regional climates, microclimates, etc.), particularly for SST, which is associated

with a very dense physical domain with varied surface current movements and energy transfers. There is no integration of drastic and isolated climatic events: downwelling and upwelling currents (cold water masses) can cool marine water surfaces. Extreme events (marine storms, oceanic eddies) can also directly affect local SST.

7 Water Availability per Capita

Economic and social factors are not taken into account in the water withdrawal indicator. Seasonal water demand (generally more intense in summer) is not considered. A holistic and intersectoral analysis (NCWR) and in-depth analysis (national studies) could be implemented to better understand the variations. The indicator assumes that water is equally available to all, whereas significant geographic and temporal disparities may appear; the qualitative dimension of renewable freshwater resources is not taken into consideration; demographic dynamics can significantly affect estimates of renewable freshwater resources per capita; the indicator assumes that resources remain constant, potentially underestimating the impact of climate change on the major water cycle and associated hydrological processes.

8 Air Quality

A finer geographical analysis could be provided (at urban, suburban, and rural scales). Average annual values exclude extreme daily peaks, particularly those induced by daily traffic rush hours. No information on the chemical composition of PM2.5 particles is provided, even though they are very dangerous for human health.

9 Plastic Stock in Aquatic Environments

The data was analyzed at the interregional level (not refined for other scales). The notion of stock has been simplified (no reference to «fluxes» and «living stocks»). Significant data gaps, particularly regarding emissions at the source. There is no centralized (qualitative and quantitative) database for the Mediterranean.

10 Marine Protected Areas

Data accuracy, overlap of designations, and effectiveness of conservation efforts.

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